

# Parenting the Love and Logic Way™



**A six session parenting program  
designed by the Love and Logic Institute**

**Solana  
Beach PTA®**

***Learn how to:***

- Avoid un-winnable power-struggles and arguments
- Stay calm when kids do incredibly upsetting things
- Set enforceable limits
- Avoid enabling, and begin empowering
- Help kids learn from mistakes rather than repeating them
- Raise kids who are family members rather than dictators
- and much more!

**This program is designed to give you practical skills you can use right away!**

**Dates:** WEDNESDAY January 7, 14, 21, 28 and February 4 and 11

**Time:** 6:30pm - 8:00pm

**Location:** Activity Center at Skyline Elementary, 606 Lomas Santa Fe Dr

**Cost per session:** No Cost (*must register to receive workbook*)

**CHILDCARE PROVIDED BY SOLANA BEACH PTA AT NO COST**

**CONTACT: SHELLEY CASSAR (Independent Facilitator) 858-847-8841**

PLEASE COMPLETE AND RETURN REGISTRATION FORM ON NEXT PAGE >



A Six-session Parenting Class  
in Solana Beach

# Parenting the Love and Logic Way™



Solana Beach **PTA**®

**Register today  
to ensure  
you get a workbook**

**TO REGISTER... EMAIL THIS COMPLETED FORM TO [shelley@cassars.com](mailto:shelley@cassars.com)  
OR IF YOU DO NOT HAVE A SCANNER, EMAIL THE INFORMATION,  
OR CALL SHELLEY CASSAR AT 858-847-8841**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Number of Children and their Ages: \_\_\_\_\_

ALL SESSIONS WILL BE HELD IN THE ACTIVITY CENTER, AT SKYLINE ELEMENTARY SCHOOL.  
SESSIONS COMMENCE AT 6:30PM SHARP. PLEASE MAKE A NOTE OF THESE DATES IN YOUR CALENDAR.

- Wednesday, January 7
- Wednesday, January 14
- Wednesday, January 21
- Wednesday, January 28
- Wednesday, February 4
- Wednesday, February 11

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**QUESTIONS? CALL or EMAIL SHELLEY CASSAR 858.847.8841 [shelley@cassars.com](mailto:shelley@cassars.com)**